



**ANADIAN INSTITUTE FOR CRISIS INTERVENTION TRAINING**

Centre 170

Suite 145, 10403 - 172 Street, Edmonton, AB T5S 1K9

Phone: 780-440-0708 Fax: 780-440-0760

# **Fundamentals of Non-Abusive Crisis Intervention and Personal Safety 2018**

**Revised January 2018**

Opportunities for those who are concerned about children, adolescents and families struggling with emotional, social and/or psychiatric problems.

A must for parents, teachers, social workers, child and youth care workers, psychologists and others in human services.

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We are proud to be accredited through The Canadian Accreditation Council of Human Services (CAC) and to offer the following training that meets and exceeds the minimum standards set at by the CAC.

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## WHO WE ARE

Canadian Institute for Crisis Intervention Training (CICIT) provides training opportunities for agencies and schools working with emotionally and behaviourally challenging children and youth. Our programs meet, or exceed the standard training requirements as established by the Canadian Accreditation Council of Human Services (CAC) and Canadian Council on Health Services Accreditation (CCHSA).

Courses are taught by skilled facilitators with expertise in their particular field. Through extensive education, training and personal experience, our facilitators have developed programs sure to fulfill your needs.

Group training rates are available for those interested in booking sessions for their organization.

We invite you to take a moment to check the booklet. If you have questions or wish further information about our programs, please contact our office at:

780-440-0708 (ext. 0) or via email at [pes@upcs.org](mailto:pes@upcs.org)

We look forward to hearing from you.

We are located at:

Centre 170, 10403 172 Street, Suite 145

Edmonton, Alberta T5S 1K9

Fax: 780-440-0760

Website: [www.upcs.org](http://www.upcs.org)



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## **Fundamentals of Non-Abusive Crisis Intervention & Personal Safety**

**PRESENTED BY THE CANADIAN INSTITUTE FOR CRISIS INTERVENTION TRAINING (CICIT)**

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### **Intended Audience**

Our workshops are intended for participants who are new to the field, or have experience and are wanting to build on their existing knowledge and experience base. This workshop is for teachers, educational assistants, social workers, child and youth care staff, child protection staff, nurses, mental health workers, probation officers, family support workers, career counselors, addictions counselors, foster parents, students in child and youth care, mental health, policing and security programs. This certification is valid for 3 years.

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### **Learning Objectives**

**Prevention** – This component of the program requires participants to evaluate their own reactions to verbal and physical aggression. In addition, participants will assess their approach to individuals who are aggressive and challenging.

**De-escalation** – Techniques provide participants with training in verbal and non-verbal intervention for defusing and stabilizing an escalating situation in a non-threatening manner.

**De-briefing** – Trains participants to process the incident with the individual and teach alternative behaviours. This component includes an outline for de-briefing strategies for clients and staff.

**Personal Safety** – Participants will learn how to protect themselves in situations where they are at imminent risk of injury. All techniques are meant to maximize safety for the participants and to control, not injure, their assailant.

**Physical Interventions (day 2 only)** – This includes escorts and control techniques. All techniques allow for maximum control and safety of the individual and the staff performing the intervention.

This workshop is offered in one or two-day formats. We do not offer one-day workshops individually, so registrations are taken for the first day of the posted dates.

If your agency is interested in a one-day workshop (please see above for the course content) you may contact us with requested dates.

**Time:** 8:30am – 4:30 pm

**Location:** Centre 170, 10403 172 Street, Suite 145, Edmonton, AB T5S 1K9

**Cost:** \$75 – one-day workshop  
\$130 – two-day workshop

**Instructor(s):** Nelson Presley, Ryan Chopin, Bill Killinger, Valery Frenette

*Registration details on Page 7.*

## OUR PRESENTERS

**Nelson Presley, B.A.**, is the Staff Training Coordinator for Unlimited Potential Community Services (UPCS). Nelson's experience includes a nearly 20 year career in law enforcement. Nelson has also worked as a Family Support Worker and crisis intervention specialist, working with families at risk. Prior to starting with UPCS, Nelson also spent two years working with Edmonton's chronically homeless population as part of a Housing First program. Nelson possesses a wealth of experience in adult education and is an accredited Problem Based Learning instructor with the Police Society for Problem Based Learning as well a certified tactical communications instructor with Verbal Edge International. Nelson holds instructor certifications with the Canadian Heart and Stroke Foundation as a First Aid Instructor, with Mental Health First Aid Canada in both MHFA basic and MHFA for Adults Who Interact with Youth and is also certified to facilitate a number of other workshops including Suicide Intervention.

**Ryan Chopin, B.S.W., R.S.W., C.C.Y.C., P.C.C.**, is Unlimited Potential Community Services' Manager of Program Supports and Professional Development, overseeing Professional Educational Services (PES), Psychological Assessment Services (PAS), casual staff and volunteers. Ryan has worked as a social worker with Alberta Health Services facilitating a Head and Neck Cancer support group, working with adults transitioning from hospitals and with adults and children with feeding difficulties. Ryan has had various roles in the non-profit sector including front-line, quality assurance, supervisory and management work with youth at risk. Ryan has been teaching MHFA for adults who interact with youth since 2013, and has facilitated numerous other workshops, courses, and meetings. Ryan is certified in child and youth care by the CYCAA and is certified as a Professional Certified Coach through the International Coach Federation.

**Bill Killinger** has over a decade of experience in the child and youth care field; having worked in Residential Treatment, Intensive Treatment and School settings. He holds Addiction Counseling Certificates through the Nechi Institute and is a certified Instructor Trainer for Physical Management through ISR Matrix. Bill currently works as a Disability Manager and has instructed Crisis Intervention non-abusive restraint since 2002.

**Valery Frenette, B.A.** received a double major degree in Criminology and Psychology from the University of Ottawa and a Child and Youth Work Diploma from Algonquin College. In Ottawa, Valery worked as a youth worker in intense needs treatment homes as well as in the mental health in-patient unit with the Royal Ottawa Mental Health Center Valery also worked as a community rehabilitation focussing on individuals with physical and cognitive disabilities. In Alberta Valery has worked for Unlimited Potential Community Services as an FASD Advocate and as an intake and quality improvement specialist. She is currently a case worker for Disability Services working with complex needs clients.

## REGISTRATION INFORMATION

[Register online](#) for our workshops and you will receive a confirmation reply with more details and payment method (if applicable).

If you have questions with regards to any of the 2018 Training Opportunities do not hesitate to call 780-440-0708 ext. 0 or email [pes@upcs.org](mailto:pes@upcs.org).

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### Payment Options – please include Invoice Number on Cheques

- Payment for the workshop must be received 5 business days prior to the workshop.
- Please make cheques payable to **Canadian Institute for Crisis Intervention Training (CICIT)** and mail to, or drop off at, our office located at: Centre 170, Suite 145, 10403 172 Street, Edmonton, AB, T5S 1K9. **If the cheque is made out incorrectly, it will be returned and an Administrative fee charged.**
- CASH (exact amount) or INTERAC payments may be made by visiting our office weekdays between 8:30 am to 12:00 pm and 1:00 pm to 4:00 pm. Note: Payments cannot be accepted over the lunch hour.
- CREDIT CARD (VISA and MasterCard only) payments may be completed by phone – simply call 780-440-0708 ext. 0.
- Agencies or organizations can arrange invoicing by phone (780-440-0708 ext. 0) or email [pes@upcs.org](mailto:pes@upcs.org)

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### Cancellation Policy

All sessions have limited registration. However, due to speaker and venue guarantees, presentation of all workshops will be dependent upon adequate registration.

- If a participant withdraws from a workshop 5 or more business days prior to the workshop, a **full refund** will be issued.
- If a participant withdraws between 2-5 business days prior to the workshop, a **\$25 cancellation fee** will apply.
- If the participant withdraws less than 2 business days or is absent from the workshop, **no refund** will be issued.

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### Facility

All workshops will occur at the following address unless otherwise notified.

Centre 170, 10403 172 Street, Suite 145 Edmonton, Alberta T5S 1K9

Another option is the workshop instructed at your facility. Please contact for more information [pes@upcs.org](mailto:pes@upcs.org) if you are considering this option.