



Canadian Institute
FOR CRISIS INTERVENTION TRAINING

Professional Educational Services

Fundamentals of Non-Abusive Crisis Intervention and Personal Safety 2025

Revised August 2025

Opportunities for those who are concerned about children, adolescents and families struggling with emotional, social and/or psychiatric problems.

A must for parents, teachers, social workers, child and youth care workers, psychologists and others in human services.



Canadian Institute

FOR CRISIS INTERVENTION TRAINING

WHO WE ARE

Canadian Institute for Crisis Intervention Training (CICIT) provides training opportunities for agencies and schools working with emotionally and behaviorally challenging children and youth. Our programs meet, or exceed the standard training requirements as established by the Canadian Accreditation Council of Human Services (CAC) and Canadian Council on Health Services Accreditation (CCHSA).

Courses are taught by skilled facilitators with expertise in their particular field. Through extensive education, training and personal experience, our facilitators have developed programs sure to fulfill your needs.

New courses and services are being developed on an on-going basis, in addition, group training rates are available for those interested in booking sessions for their organization.

We invite you to take a moment to check the booklet. If you have questions or wish further information about our programs, please contact our office at:

780-440-0708 ext.200 or via email at pes@mpowrsupports.org

We look forward to hearing from you.

We are located at:

Centre 170, 10403 – 172 Street, Suite 145

Edmonton, Alberta T5S 1K9

Fax: 780-440-0760

Website: www.upcs.org



Canadian Institute
FOR CRISIS INTERVENTION TRAINING

Fundamentals of Non-Abusive Crisis Intervention & Personal Safety

PRESENTED BY THE CANADIAN INSTITUTE FOR CRISIS INTERVENTION
TRAINING (CICIT)

Intended Audience:

Our workshops are intended for participants who are new to the field, or have experience and are wanting to build on their existing knowledge and experience base. This workshop is for teachers, educational assistants, social workers, child and youth care staff, child protection staff, nurses, mental health workers, probation officers, family support workers, career counselors, addictions counselors, foster parents, students in child and youth care, mental health, policing and security programs. This certification is valid for 3 years.

Learning Objectives:

Prevention – This component of the program requires participants to evaluate their own reactions to verbal and physical aggression. In addition, participants will assess their approach to individuals who are aggressive and challenging.

De-escalation – Techniques provide participants with training in verbal and non-verbal intervention for defusing and stabilizing an escalating situation in a non-threatening manner.

De-briefing – Trains participants to process the incident with the individual and teach alternative behaviors. This component includes an outline for de-briefing strategies for clients and staff.

Personal Safety – Participants will learn how to protect themselves in situations where they are at imminent risk of injury. All techniques are meant to maximize safety for the participants and to control, not injure, their assailant.

Physical Interventions (day 2 only) – This includes escorts and control techniques. All techniques allow for maximum control and safety of the individual and the staff performing the intervention.



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Crisis Intervention and Personal Safety Day One Workshop, MUST be taken prior to Fundamentals of Non-Abusive Crisis Workshop.

This workshop is offered in one or two-day formats.

If your agency is interested in a one-day workshop (please see above for the course content) you may contact us with requested dates.

Additional dates may be booked or requested on an on-going basis. Individuals or agencies may also request a one-day session.

Time: 8:30am – 4:30 pm

Location: Centre 170, 10403 – 172 Street, Suite 145, Edmonton, AB T5S 1K9

Cost: 1 Day: \$75.00
2 Days: \$130.00

Instructor(s): Samantha Chartrand, Hillary Sampson, Britney Butterworth



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OUR PRESENTERS

Samantha Chartrand brings over a decade of experience in the human services field. She holds educational credentials in both Social Work and Psychology, and has built a diverse background supporting individuals with disabilities, engaging in collaborative service delivery, and working with youth. Samantha is also a certified instructor in both Crisis Intervention, and Suicide & Self Harm Intervention.

Hillary Sampson has worked in the human services sector for approximately 10 years. She began her career in correctional services and has since redirected her passion toward supporting the community's youth. Throughout her career, Hillary has primarily worked in residential facilities serving both youth and adults. She currently manages the Supported Independent Living program at Unlimited Potential and also collaborates with the EnCompass Community Safety Agency. In addition, Hillary facilitates training in Crisis Intervention workshop, and Suicide & Self Harm Intervention.

Britney Butterworth has over 13 years of experience in the human services sector. She holds a background in Sociology with a focus on Youth and Families, as well as Psychology. For a decade, Britney worked in Residential Treatment Group Homes, gaining extensive experience in youth support and care. She currently serves as a Supervisor with the Bridges Program at Unlimited Potential. In addition, Britney works relief shifts in youth work and Collaborative Service Delivery, and she facilitates Crisis Intervention workshops.



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REGISTRATION INFORMATION

Registration Options

- ✓ Online – www.mpowersupports.org
- ✓ Email – pes@mpowersupports.org
- ✓ By Phone – 780-440-2390 ext. 200

If you have questions with regards to any of the Training Opportunities information, do not hesitate to call 780-440-2390 ext. 200 or email pes@mpowersupports.org

Payment Options

- ✓ CASH (exact amount)
 - ✓ INTERAC
 - ✓ CREDIT CARD (VISA and MasterCard ONLY) - payments may also be completed by phone, call 780-440-2390 ext. 200.
 - ✓ CHEQUES—Make payable to Canadian Institute for Crisis Intervention Training (CICIT)
- Mail or drop off cheques to: #145, 10403 – 172 Street, Edmonton, AB, T5S 1K9

NOTE: if making payments in person, office hours are weekdays from 8:30 am to 4:00 pm, (payments are not accepted during lunch 12:00 to 1:00 pm). If the cheque is made out incorrectly, it will be returned and an administrative fee charged.

Payment for the workshop must be received upon registration.

Agencies or organizations can arrange invoicing by calling 780-440-2390 ext. 200.

Cancellation Policy

All sessions have limited registration. However, due to speaker and venue guarantees, presentation of all workshops will be dependent upon adequate registration. If a participant is required to withdraw from a workshop 5 or more business days prior to the workshop, a full refund will be issued. If a participant withdraws between 2-5 business days prior to the workshop, a \$25 cancellation fee will apply. If the participant withdraws less than 2 business days or is absent from the workshop, no refund will be issued. If the instructor must cancel on the day of a course a full refund will be issued.



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Facility

All workshops will occur at the following address unless otherwise posted or arranged:

#145, 10403 – 172 Street, Edmonton, AB T5S 1K9

Our instructors can also teach at your facility, for more information on this option

please email: pes@mpowrsupports.org

