

**Canadian Institute**  
**FOR CRISIS INTERVENTION TRAINING**

**Professional Educational Services**

**Fundamentals of  
Non-Abusive  
Crisis Intervention and  
Personal Safety**

Opportunities for those who are concerned about children, adolescents and families struggling with emotional, social and/or psychiatric problems.

A must for parents, teachers, social workers, child and youth care workers, psychologists and others in human services.



# Canadian Institute

## FOR CRISIS INTERVENTION TRAINING

### WHO WE ARE

Canadian Institute for Crisis Intervention Training (CICIT) provides training opportunities for agencies and schools working with emotionally and behaviorally challenging children and youth. Our programs meet, or exceed the standard training requirements as established by the Canadian Accreditation Council of Human Services (CAC) and Canadian Council on Health Services Accreditation (CCHSA).

Courses are taught by skilled facilitators with expertise in their particular field. Through extensive education, training and personal experience, our facilitators have developed programs sure to fulfill your needs.

New courses and services are being developed on an on-going basis, in addition, group training rates are available for those interested in booking sessions for their organization.

We invite you to take a moment to check the booklet. If you have questions or wish further information about our programs, please contact our office at:

780-440-0708 ext.200 or via email at [pes@mpowrsupports.org](mailto:pes@mpowrsupports.org)

We look forward to hearing from you.

We are located at:

Centre 170, 10403 – 172 Street, Suite 145

Edmonton, Alberta T5S 1K9

Fax: 780-440-0760

Website: [www.upcs.org](http://www.upcs.org)



# Canadian Institute FOR CRISIS INTERVENTION TRAINING

## **Fundamentals of Non-Abusive Crisis Intervention & Personal Safety**

**PRESENTED BY THE CANADIAN INSTITUTE FOR CRISIS INTERVENTION TRAINING (CICIT)**

### **Intended Audience:**

Our workshops are intended for participants who are new to the field, or have experience and are wanting to build on their existing knowledge and experience base. This workshop is for teachers, educational assistants, social workers, child and youth care staff, child protection staff, nurses, mental health workers, probation officers, family support workers, career counselors, addictions counselors, foster parents, students in child and youth care, mental health, policing and security programs. This certification is valid for 3 years.

### **Learning Objectives:**

**Prevention** – This component of the program requires participants to evaluate their own reactions to verbal and physical aggression. In addition, participants will assess their approach to individuals who are aggressive and challenging.

**De-escalation** – Techniques provide participants with training in verbal and non-verbal intervention for defusing and stabilizing an escalating situation in a non-threatening manner.

**De-briefing** – Trains participants to process the incident with the individual and teach alternative behaviors. This component includes an outline for de-briefing strategies for clients and staff.

**Personal Safety** – Participants will learn how to protect themselves in situations where they are at imminent risk of injury. All techniques are meant to maximize safety for the participants and to control, not injure, their assailant.

**Physical Interventions (day 2 only)** – This includes escorts and control techniques. All techniques allow for maximum control and safety of the individual and the staff performing the intervention.



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## FOR CRISIS INTERVENTION TRAINING

**Crisis Intervention and Personal Safety Day One Workshop, MUST be taken prior to Fundamentals of Non-Abusive Crisis Workshop.**

This workshop is offered in one or two-day formats.

If your agency is interested in a one-day workshop (please see above for the course content) you may contact us with requested dates.

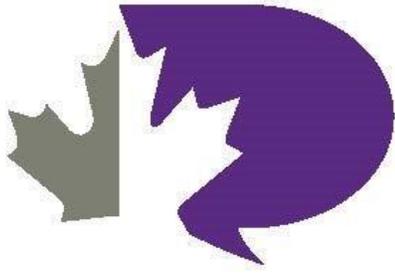
Additional dates may be booked or requested on an on-going basis. Individuals or agencies may also request a one-day session.

**Time:** 8:30am – 4:30 pm

**Location:** Centre 170, 10403 – 172 Street, Suite 145, Edmonton, AB T5S 1K9

**Cost:** 1 Day: \$75.00  
2 Days: \$130.00

**Instructor(s):** Jonathan Woo, Samantha Chartrand, Hillary Sampson, Britney Butterworth



# Canadian Institute

## FOR CRISIS INTERVENTION TRAINING

### OUR PRESENTERS

**Jonathan Woo** began his work in the human services field in 2021, supporting para-athletes through the development of individualized training programs and assisting them in advancing their competitive goals. He also gained experience working with families by providing respite care, helping youths with disabilities build essential life skills while fostering inclusion and community connection. In addition, Jonathan has supported at-risk youth across northern Alberta, helping them overcome barriers to achieving stable housing, income, and education. At MpowR, Jonathan facilitates workshops in Crisis Intervention and Suicide & Self-Harm Intervention, bringing his diverse frontline experience and commitment to empowering others into every session.

**Samantha Chartrand** brings over a decade of experience in the human services field. She holds educational credentials in both Social Work and Psychology, and has built a diverse background supporting individuals with disabilities, engaging in collaborative service delivery, and working with youth. Samantha is also a certified instructor in both Crisis Intervention, and Suicide & Self Harm Intervention.

**Hillary Sampson** has worked in the human services sector for approximately 10 years. She began her career in correctional services and has since redirected her passion toward supporting the community's youth. Throughout her career, Hillary has primarily worked in residential facilities serving both youth and adults. She currently manages the Supported Independent Living program at Unlimited Potential and also collaborates with the EnCompass Community Safety Agency. In addition, Hillary facilitates training in Crisis Intervention workshop, and Suicide & Self Harm Intervention.

**Britney Butterworth** has over 13 years of experience in the human services sector. She holds a background in Sociology with a focus on Youth and Families, as well as Psychology. For a decade, Britney worked in Residential Treatment Group Homes, gaining extensive experience in youth support and care. She currently serves as a Supervisor with the Bridges Program at Unlimited Potential. In addition, Britney works relief shifts in youth work and Collaborative Service Delivery, and she facilitates Crisis Intervention workshops.



# Canadian Institute FOR CRISIS INTERVENTION TRAINING

## REGISTRATION INFORMATION

### Registration Options

- ✓ Email – [pes@mpowersupports.org](mailto:pes@mpowersupports.org)
- ✓ By Phone – 780-440-2390 ext. 200

If you have questions with regards to any of the Training Opportunities information, do not hesitate to call 780-440-2390 ext. 200 or email [pes@mpowersupports.org](mailto:pes@mpowersupports.org)

### Payment Options

- ✓ CASH (exact amount)
- ✓ INTERAC
- ✓ CREDIT CARD (VISA and MasterCard ONLY) - payments may also be completed by phone, call 780-440-2390 ext. 200.
- ✓ CHEQUES—Make payable to Canadian Institute for Crisis Intervention Training (CICIT)

Mail or drop off cheques to: #145, 10403 – 172 Street, Edmonton, AB, T5S 1K9

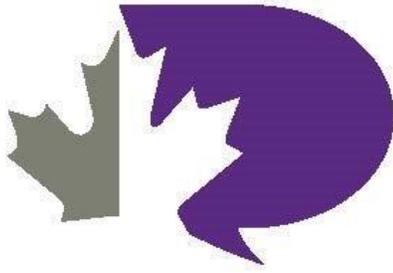
***NOTE: if making payments in person, office hours are weekdays from 8:30 am to 4:00 pm, (payments are not accepted during lunch 12:00 to 1:00 pm). If the cheque is made out incorrectly, it will be returned and an administrative fee charged.***

***Payment for the workshop must be received upon registration.***

Agencies or organizations can arrange invoicing by calling 780-440-2390 ext. 200.

### Cancellation Policy

All sessions have limited registration. However, due to speaker and venue guarantees, presentation of all workshops will be dependent upon adequate registration. If a participant is required to withdraw from a workshop 5 or more business days prior to the workshop, a full refund will be issued. If a participant withdraws between 2-5 business days prior to the workshop, a \$25 cancellation fee will apply. If the participant withdraws less than 2 business days or is absent from the workshop, no refund will be issued. If the instructor must cancel on the day of a course a full refund will be issued.



# Canadian Institute FOR CRISIS INTERVENTION TRAINING

## Facility

All workshops will occur at the following address unless otherwise posted or arranged:

#145, 10403 – 172 Street, Edmonton, AB T5S 1K9

Our instructors can also teach at your facility, for more information on this option

please email: [pes@mpowrsupports.org](mailto:pes@mpowrsupports.org)

